



Don't forget to eat your vegetables.

# Red Oak Community School Elementary Snack Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

March  
2019

## MONDAY



## TUESDAY



## WEDNESDAY

## THURSDAY

## FRIDAY

No School 4

Cucumber Slices 5

Fresh Strawberries 6

Pepper Medley 7

Orange Halves 8

Noon Release 11

Celery Sticks 12

Black Grapes 13

Cherry Tomato 14

Star Fruit 15

Fresh Pineapple 18

Cauliflower Floret 19

Honeydew 20

No School 21

No School 22

Noon Release 25

Broccoli Florets 26

Black Plums 27

Radish 28

Fresh Pear 29

### Prices

|              |        |
|--------------|--------|
| Regular PK-3 | \$2.55 |
| Regular 4-12 | \$2.70 |
| Reduced      | \$0.40 |
| Adult        | \$3.70 |
| Milk         | \$0.45 |

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact Mindy Riibe at 712-621-0042 or email riibem@roschools.org

